



# National Sprint League

## Round 1

### Palmerston North/Levin

4-6 March 2022



## Bulletin 2

## Welcome

Welcome to the delayed first round of the inaugural National Sprint League. Given the current situation with the Omicron variant of Covid-19 we are extremely grateful to have the unwavering support of so many schools, universities, and Councils who have given permission to use their grounds. Thanks especially to the following Linda Bartosh (IPU), Peter Brooks (Freyberg HS), Sheree Garton (Levin Intermediate School), Rhea Hazners (Massey University), Mark Robinson (Waiopahu College), Paddy Sannazzaro (Levin School), Rikki Sheterline (Levin East School), Jill Timms (Horowhenua A&P), Gary Yeatman (Awatapu College).

In recognition of this please be especially rigorous in following all Covid related precautions as detailed below. These include scanning into events, wearing masks, maintaining social distancing, and resisting the temptation to have group discussions about route choice, controls and so on.

Finally, after the cancellation of Super City Sprints this weekend has taken a huge amount of organization, so enjoy and keep smiling (beneath the face mask).



## General Information

The basic timetable is as follows.

Friday 4 March:	NSL Sprint 1 – Freyberg HS and Pit Fark	First start 6 pm
Saturday 5 March:	NSL KO Qualification – Esplanade	First start 9 am
	NSL KO Quarter-Finals – Awatapu College	From 11.30 am
	NSL KO Semi-finals – IPU New Zealand	From 2.30 pm
	NSL KO Finals – Massey University	From 6 pm
Sunday 6 March	NSL Sprint 2 – Levin Schools and Showgrounds	First start 9 am
	NSL Sprint 3 – Levin East/Waiopahu	First start 1 pm

We will endeavour to stick as closely as possible to this, but be aware that mounting this weekend has been a complex operation carried out by a very small number of people. Therefore, if there are hiccups, please be patient.

Specific information on the Knock-out Sprint is given below. It is intended that there will be B, C... Semi-finals and Finals for those who do not progress through the quarter-finals.

## **Orienteering Specific Information**

- (1) All races will use SI-Air.
- (2) The three individual sprints and the Knock-out qualification race will use a punching start.
- (3) Remember that in sprint orienteering you are not permitted to cross any feature which is marked as uncrossable, even if it is physically possible to do so. This includes fences, walls, formal gardens (olive green shading) etc.
- (4) Special symbols: black o – man-made object, usually a bench or seat.

## **Start Procedure**

For the individual sprints and the KO qualification there will be a 2 minute call up. During the first minute competitors will collect their control descriptions.

As the KO sprint rounds are mass start using various methods of splitting, loose control descriptions will not be issued. Control descriptions will be on all maps.

## **Knock-out Sprint**

The KO Sprint will consist of a qualification race and three knock-out rounds – quarter-finals, semi-finals and finals. In the event of there being less than 36 competitors in the qualification (most likely) then the qualification race will be used simply to allocate competitors to quarter-final heats.

The number of quarter-finals, the number of competitors in each quarter-final, and the number progressing to the semi-finals will be based on the number of qualifiers. The same will be true for the semi-finals. The final format will be decided once entries have closed. To simulate a full KO sprint it is intended that all competitors will get the chance to run in quarter, semi and final races by having appropriate A, B, C etc. races.

The format will be circulated as soon as possible.

## **Covid-19 precautions**

In the circumstances of the continuing spread of the omicron variant, and to comply with requests of some of the schools/landowners all competitors and officials are required to follow the following practices.

- (1) Vaccine passes must be shown and scanned on *each* of the three days.
- (2) Each event centre will have a QR code displayed. Please scan this on arrival.
- (3) Officials must wear face masks at all times at each event.

(4) Competitors must wear face masks at all times *except* when running.

(5) Competitors and officials should observe social distancing at all times.

## **Friday 4 March: NSL Sprint 1 – Freyberg HS and Pit Park**

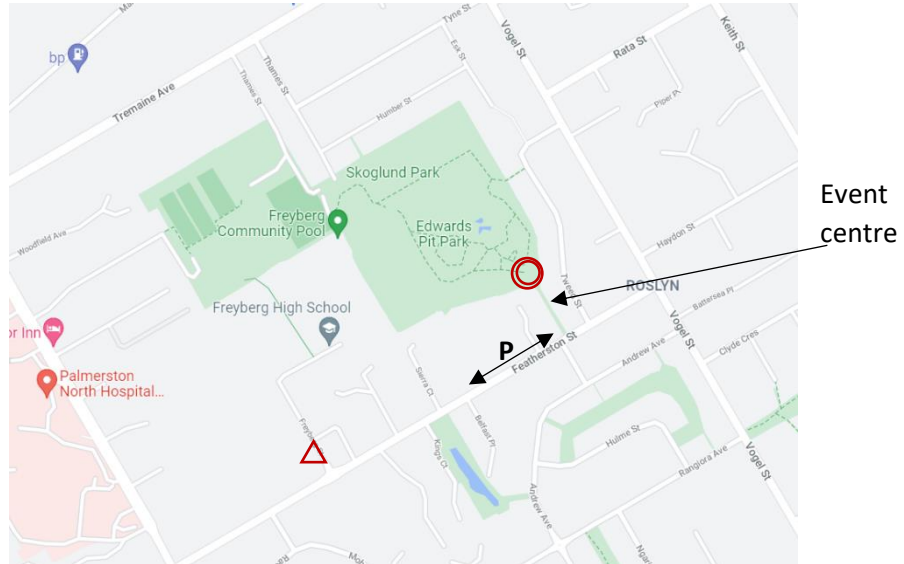
- Directions:** From the north (Bulls) – on entering Palmerston North turn left on Tremaine Avenue and then right, adjacent to the hospital, on Ruahine Street. At the next major junction turn left on Featherston Street. The entrance to Pit Park (event centre) is approximately 1 km on the left. Park on Featherston Street.
- From the east (Ashhurst) – after passing Memorial Park on the right turn left on to Ruahine Street and then right on Featherston Street. Park as above.
- From the west or south (Levin) – from the central square travel towards Ashhurst. Turn left on to Ruahine street and then right on to Featherston Street as above.
- Event centre:** The event centre is just inside the main entrance to Pit Park on Featherston Street. The finish is in Pit Park. You must visit the event centre to have your vaccine pass scanned.
- Map:** Freyberg HS and Pit Park, scale 1:4000, contour interval 2m.
- Terrain:** School campus and public park. Excellent runnability for the most part, some slower areas on the steep slopes, and areas of dense vegetation and water features in Pit Park.
- First start:** 6 pm
- Start:** The start is 400 m back along Featherston Street on Freyberg Street (see map below).
- Warm-up:** Along the road to the start.
- Toilets:** There are no toilets at Pit Park. The nearest public toilets are at Papaioea Park at the junction of Featherston and Ruahine streets.
- Map notes:** Apart from the main entrance, Freyberg High School is surrounded by an uncrossable fence. This has many gates. On the competition map only the gate at the western corner of the tennis courts is shown (as open). All other gates are not shown. As the event is taking place immediately after the end of the school day some of these other gates may in fact be open. If this is the case competitors should treat them as closed and are not permitted to use them.
- Hazards:**
- (1) At various points the courses cross small roads which access the high school and the various parks. There may be some light traffic on these roads.
  - (2) There may be other users in Vautier and Pit Parks and around the Community Pool. Show appropriate courtesy. In particular, do not run across tennis courts if people are playing.
  - (3) There may be unmapped low chains/fences across some entranceways in Freyberg High School.

(4) Vautier Park and Pit Park are both surrounded by steep slopes and some high cliffs. Please be cautious in negotiating these slopes.

Courses:

Course 1	M21E, M20E	3.2 km	19 controls
Course 2	W21E, W20E	2.7 km	20 controls

Location map:



## Saturday 5 March: NSL Knock-out Sprint

### Qualification – Palmerston North Esplanade

**Directions:** From the centre of Palmerston North travel south-east (towards Massey University) on Fitzherbert Avenue. Approximately 800 m south of the square turn right on to Park Road. At the traffic lights immediately prior to the aquatic centre turn left into Victoria Esplanade Park. Parking is on the right adjacent to the Esplanade Railway station. Do not drive through the Esplanade.

**Event centre:** The event centre is at parking. As this is the first race on Saturday you must visit the event centre to have your vaccine pass scanned.

**Map:** Esplanade, scale 1:4000, contour interval 2m.

**Terrain:** Public park with extensive track network through a bush area, formal gardens and playgrounds.

**First start:** 9 am

**Start:** The start is adjacent to the event centre.

**Warm-up:** In and around the parking area/event centre.

**Toilets:** There are public toilets at the event centre.

**Map notes:** The Esplanade railway passes through the map. This will not be operating on a Saturday morning and it is permitted to run along the tracks.

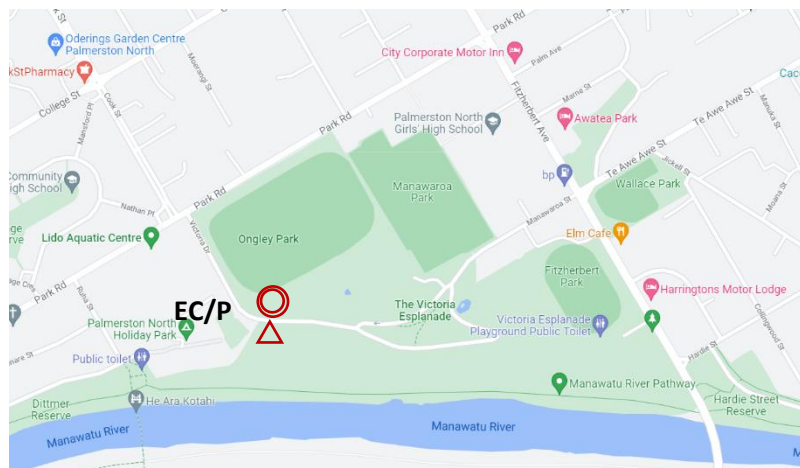
**Hazards:** (1) At various points the courses cross small roads within the park. There may be some light traffic on these roads.

(2) Please be aware of other park users and show appropriate courtesy.

**Courses:**

Course 1	M21E, M20E	2.8 km	18 controls
Course 2	W21E, W20E	2.3 km	16 controls

**Location map:**



## Saturday 5 March: NSL Knock-out Sprint

### Quarter-Finals – Awatapu College

**Directions:** From the entrance to the Esplanade Park turn left on to Park Road and then first left on to Ruha Street (signposted to the Motor Camp). At the end of Ruha Street turn right on to Dittmer Street. The (rear) entrance to Awatapu College is approximately 500m along Dittmer Street. Either park along Dittmer Street or leave the car on the Esplanade and walk along the Manawatu River Walkway (approximately 700m).

**Event centre:** The event centre is at the rear entrance to the college.

**Map:** Awatapu College, scale 1:4000, contour interval 2m.

**Terrain:** School buildings with covered walkways.

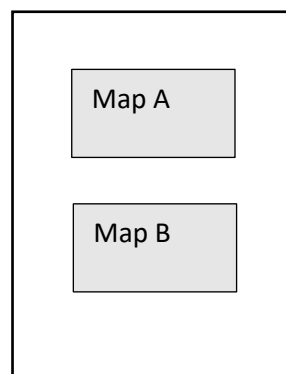
**First start:** Quarter-Finals at 10 minute intervals from 11.30 am.

**Start:** At the college entrance on Dittmer Street.

**Warm-up:** Along Dittmer Reserve adjacent to Dittmer Street.

**Toilets:** The nearest toilets are at the Esplanade parking as for the Qualification race.

**Map notes:** The map as printed has two parts as shown on the right. When you reach the last control on Map A, this point is marked as a start triangle on Map B.



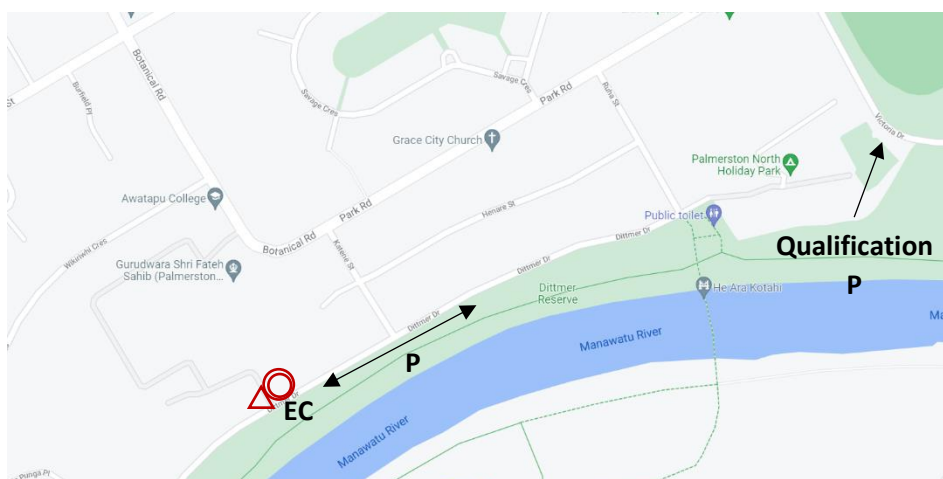
**Hazards:** (1) There may be unmapped low chains/fences cross some entranceways.

(2) There may be other users in the school grounds. Show appropriate courtesy.

**Courses:**

Course 1	M21E, M20E	2.1 km	17 controls
Course 2	W21E, W20E	2.1 km	17 controls

**Location map :**





## Saturday 5 March: NSL Knock-out Sprint

### Semi-Finals – IPU New Zealand

Directions: From Awatapu Collge travel back to Fitzherbert Avenue. Turn right towards Massey University and after crossing the Manawatu River bear left to Summerhill (Summerhill Drive, becomes Aokautere Drive). After passing Summerhill shopping centre turn right into Pacific Drive and park in the IPU Recreation Centre car park.

Event centre: The event centre is at parking. Please scan the IPU Covid QR code.

Map: IPU NZ College, scale 1:4000, contour interval 2.5m.

Terrain: University campus with extensive grassed areas and buildings.

First start: Semi-Finals at 10 minute intervals from 2.30 pm.

Start: The start is at the main entrance to IPU, 150 m back along Aokautere Drive.

Warm-up: In the car park or along the south side of Aokautere Drive.

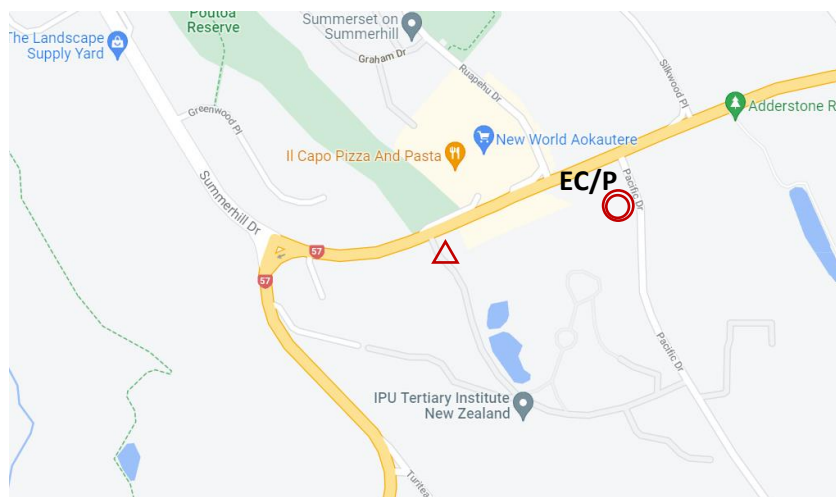
Toilets: The nearest public toilets are at the Summerhill shopping centre.

Hazards: There may be other users on the campus. Show appropriate courtesy.

Courses:

Course 1	M21E, M20E	1.7 km	14 controls
Course 2	W21E, W20E	1.7 km	14 controls

Location map:



## Saturday 5 March: NSL Knock-out Sprint

### Finals – Massey University

**Directions:** From IPU travel back to Fitzherbert Avenue. Turn left (towards Shannon) enter Massey University at the main entrance. Follow University Avenue anti-clockwise, turn right at Albany Drive and park in the main Recreation Centre car park (Orchard Road Car Park).

**Event centre:** The event centre is approximately 500 m back around University Avenue just beyond Massey Vets. The campus inside University Avenue is out of bounds and the route to the event centre from parking is along University Avenue.

**Map:** Massey University, scale 1:4000, contour interval 2.5m.

**Terrain:** University campus with extensive grassed areas and buildings.

**First start:** Finals at 10 minute intervals from 6 pm.

**Start:** The start is 200m from the event centre.

**Warm-up:** between parking and the event centre along University Avenue.

**Toilets:** Public toilets are at the Summerhill shopping centre and adjacent to the playground on the Esplanade (entrance on the left on Fitzherbert Avenue to the north of the river bridge).

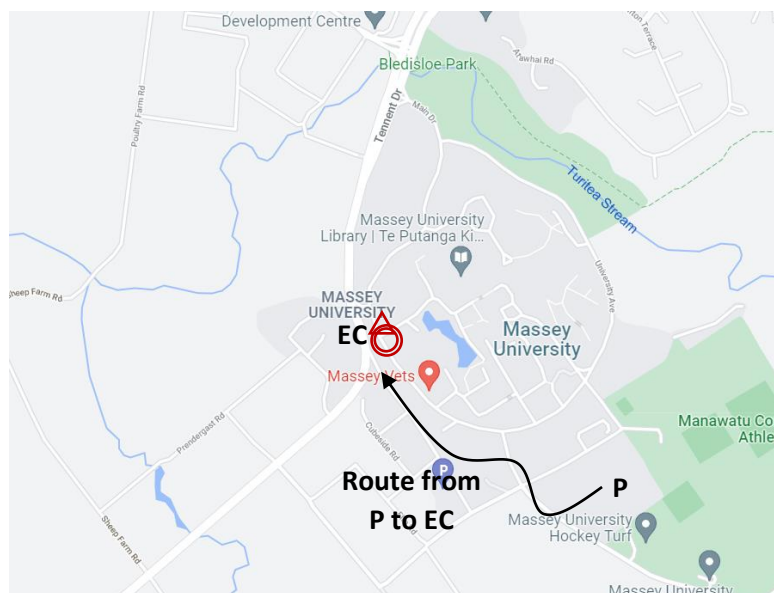
**Map notes:** There is one area of temporary construction which is close to where the courses pass. This is marked on the map by purple hatching.

**Hazards:** (1) There may be other users on the campus. Show appropriate courtesy.  
(2) There may be some light traffic on internal roads.

**Courses:**

Course 1	M21E, M20E	1.9 km	18 controls
Course 2	W21E, W20E	1.9 km	18 controls

**Location map:**



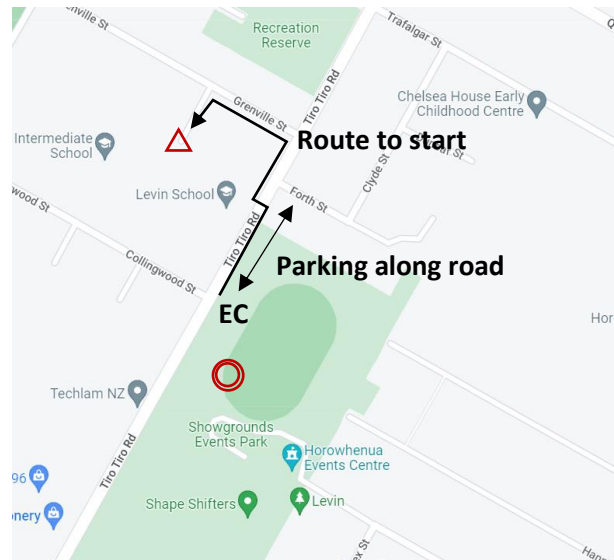
## Sunday 6 March: NSL Sprint 2 – Levin Schools and Showgrounds

- Directions:** From the clock tower at the centre of Levin travel west on Queen Street West. Turn left at the roundabout on Tiro Tiro Road and after the pedestrian crossing outside Levin School park on the side of the road.
- Event centre:** The event centre is at the rear of the grandstand just inside the Showgrounds. Enter through the small gate approximately 100m beyond the pedestrian crossing. Note the information below about Quarantine. As this is the first race on Sunday you must visit the event centre to have your vaccine pass scanned.
- Map:** Levin Schools and Showgrounds, scale 1:3000, contour interval 2m.
- Terrain:** Complex school campuses and showgrounds with multiple covered sheds. Excellent runnability.
- First start:** 9 am
- Start:** The start is approximately 400 m from the event centre. Go north along Tiro Tiro Road, cross at the crossing and then turn left into Grenville Street. The start is at the end of Raleigh Street (see map below).
- Quarantine:** All competitors must have vacated the Showgrounds by 8.45 am. The courses use both the pedestrian crossing and the section of road between it and the Showgrounds entrance. Do not impeded any runners that you may encounter on your way to the start.
- Warm-up:** Along Grenville and Raleigh Roads. **Not** along Tiro Tiro Road.
- Toilets:** There are toilets adjacent to the grandstand in the Showgrounds. There are also public toilets outside Levin Domain opposite the main shopping centre carpark.
- Map notes:**
- (1) Courses have a compulsory road crossing over Tiro Tiro Road using the pedestrian crossing. There will be a marshal on this crossing. Only cross when it is indicated to you that it is safe to do so. It is forbidden to cross Tiro Tiro Road at any other point.
  - (2) Both courses have a map flip.
- Hazards:**
- (1) There will be other users in the Showgrounds on Sunday morning including church services in some of the buildings. Please show appropriate respect.
  - (2) Grenville and Rayleigh Streets are residential streets. When warming up please minimize any disturbance to residents.
  - (3) There may be unmapped low chains/fences across some entranceways in the schools and Showgrounds.

Courses:

Course 1	M21E, M20E	2.9 km	30 controls
Course 2	W21E, W20E	2.4 km	26 controls

Location map:



## Sunday 6 March: NSL Sprint 3 – Levin East and Waiopahu College

**Directions:** From the clock tower at the centre of Levin travel east on Queen Street East. Turn right at the roundabout on Bartholomew Road. Parking is in Playford Park approximately 400m on the right.

**Event centre:** The event centre is at parking.

**Map:** Levin East/Waiopahu, scale 1:3000, contour interval 2m.

**Terrain:** Complex school campuses. Excellent runnability.

**First start:** 1 pm

**Start:** The start is 100 m from the event centre at the entrance to Waiopahu College.

**Warm-up:** In Playford Park.

**Toilets:** There are no toilets at Playford Park. The closest public toilets are outside The Warehouse on Queen Street East.

**Map notes:** (1) There is no gate between the two schools. To get from Waiopahu to Levin East (and vice-versa) competitors will have to exit one school and run along the footpath beside Bartholomew Road to reach the other. Please be careful when doing this, particularly if you encounter a runner coming in the opposite direction.

(2) Both courses have a map flip.

**Hazards:** (1) There may be other users in the school grounds. Show appropriate courtesy.

(2) There may be unmapped low chains/fences across some entranceways in the schools.

**Courses:**

Course 1	M21E, M20E	3.0 km	28 controls
Course 2	W21E, W20E	2.5 km	26 controls

**Location map:**

